

Melissa Thong

Unit of Cancer Survivorship

Website: <https://www.dkfz.de/en/cancer-survivorship/index.php>



Key interests

Long-term and late effects
Health-related quality of life
Symptom clusters
Comorbidity
Illness perceptions
Lifestyle factors
Digital health / Ecological momentary assessments
Health care use

Education

Doctor of Philosophy

Faculty of Medicine, Leiden University, The Netherlands
February 2009

Master of Science in Psychology (Health Psychology)

Leiden University, The Netherlands
2002-2004

Postgraduate Diploma in Clinical Psychology

James Cook University, Australia
2002

Graduate Diploma in Social Work

National University of Singapore, Singapore
1998-1999

Bachelor of Psychology

Edith Cowan University, Australia
1995-1996

Bachelor of Science (Psychology)

Curtin University, Australia
1992-1994

Previous professional appointments

Department of Medical Psychology, Amsterdam University Medical Centers, location AMC, Amsterdam, The Netherlands
Researcher / 2012 – 2016

Department of Medical and Clinical Psychology, Tilburg University, Tilburg, The Netherlands
Researcher / 2009-2015

Eindhoven Cancer Registry, Comprehensive Cancer Center South (IKZ), Eindhoven, The Netherlands
Junior Researcher / 2007-2009

Department of Clinical Epidemiology, Leiden University Medical Center, Leiden, The Netherlands
PhD student / 2005-2007

Department of Neurology, Singapore General Hospital, Singapore
Psychologist / 1999-2002

Singapore Corporation of Rehabilitative Enterprises, Singapore
Substance abuse counsellor / 1997-1999

Selected peer-reviewed key publications

1. **Thong MSY**, Doege D, Weißer L, ..., Arndt V. Persisting deficits in health-related quality of life of colorectal cancer survivors 14-24 years post-diagnosis: a population-based study. *Curr Oncol* 2023, 30: 3373-3390
2. **Thong MSY**, van Noorden CJF, Steindorf K, Arndt V. Cancer-related fatigue: causes and current treatment options. *Curr Treat Options Oncol* 2020, 21:17
3. Eyl-Ambruster RE*, **Thong MSY***, Carr PR, ..., Arndt V. Change toward healthier lifestyles is associated with better health-related quality of life in long-term colorectal cancer survivors. *J Natl Compr Canc Netw* 2022, 20: 1233-1243
*shared 1st authorship
4. **Thong MSY**, Boakye D, Jansen L, ..., Arndt V. Comorbidities, rather than old age and tumor stage are strongly associated with higher utilization of healthcare in colorectal cancer survivors. *J Natl Compr Canc Netw* 2022, 20: 468-478.e7
5. Adam S, **Thong MSY**, Martin-Diener E, ..., Arndt V. Identifying classes of the pain, fatigue, and depressive symptom cluster in long-term prostate cancer survivors – results from the multiregional Prostate Cancer Survivorship Study in Switzerland (PROCAS). *Support Care Cancer* 2021, 29: 6259-6269
6. **Thong MSY**, Chan RJ, van den Hurk C, ..., Fitch MI. Going beyond (electronic) patient reported outcomes: Harnessing the benefits of smart technology and ecological momentary assessment in cancer survivorship research. *Support Care Cancer* 2021, 29: 7-10
7. Adam S, van de Poll-Franse LV, Mols F, ..., **Thong MSY**. The association of cancer-related fatigue with all-cause mortality of colorectal and endometrial cancer survivors: results from the population-based PROFILES registry. *Cancer Med* 2019, 8: 3227-323